

No More Empty Pots 2022 End-of-Year Campaign

L VEIN ACTION



No More Empty Pots at a Glance

Our Mission:

Connect individuals and groups to improve self-sufficiency, regional food security and economic resilience of urban and rural communities through advocacy and action.

Our Vision:

Support communities in becoming selfsufficient and food secure through collaboration and adhering to our core values of education, stewardship and sustainability.

About No More Empty Pots:

No More Empty Pots is a 501(c)(3) organization founded in Omaha, Nebraska, in 2010.



Core Values:

Education Stewardship Sustainability

Board of Directors

Nancy Williams
Edgar Hicks
Donna Polk
Jennifer J. Katz
Anthony Cerasoli
Liz Sarno
Maria Malnack
Shannon Lang





This year, the theme of our annual End-of-Year Campaign is Love in Action.

True transformation requires action in multiple dimensions of love—care, commitment, trust, responsibility, respect, and knowledge. At No More Empty Pots, we must extend love in all that we do.

Keep flipping to learn how together we showed love so far this year and how you can still contribute!





47+ zip codes

in eastern Nebraska and southwest Iowa were served in 2022 with love **at the center...**



meals distributed to families and individuals



local small farms purchased from





businesses received support and connected to a network of resources **Diamond's** story is like many others at No More Empty Pots. She is resilient, hard working and determined to create her own future success. More importantly, her story is still being written! We first met Diamond when she applied to the Culinary Certificate Program. The 8-week program gave Diamond hands-on professional culinary training experience for the first time, a guaranteed hourly income as a student, and transferable credit at Metropolitan Community College's culinary school— if she chooses later to enroll.

With any interaction with Diamond, you'll soon learn she is love in action. Love—and yes, for herself first—is her power. She is an aspiring entrepreneur and business owner with early success.

"I have so much greatness to accomplish, and I will make my dreams come true no matter the battle ahead."





Community Education

WORKFORCE DEVELOPMENT | SELF-SUFFICIENCY | INTERGENERATIONAL

Programming provides community-responsive garden, culinary and nutrition education to promote self-sufficiency and awareness.

Over 1,924 youth, adults and seniors impacted in 2022.

The eight-week Culinary Certificate Program provides skills-based culinary and workforce training. 13 students graduated in 2022.

\$600,000

Hospitality & Production

FOOD DISTRIBUTION | LOCAL FARM PROCUREMENT

Community Harvest is a local food subscription service offering prepared plant-based meals and boxes of fresh produce sourced from local farmers. 224 households subscribed in 2022.

\$284,483

Entrepreneurship Programs

LOCAL BUSINESS SUPPORT | ECONOMIC RESILIENCE

The Entrepreneur Journey supports entrepreneurs connecting to resources including coaching and expert guidance that build on assets and identify needs. 55 businesses joined in 2022.

\$100,000 Emerging Leaders Experience

LEADERSHIP DEVELOPMENT | PROFESSIONAL DEVELOPMENT

The Emerging Leaders Experience amplifies leadership and professional development opportunities for Black, Indigenous and People of Color (BIPOC). Five members of a cohort received coaching, leadership development and access to funding. Natavia Jones joined as the inaugural full-time Emerging Leaders Fellow.



*2022 Projected Operational Cost

No More Empty Pots **extends love** with the community. Stories show the impact...



Imani founded Ital Vital Living to build a business around her passion for healthy living and eating during the pandemic. She began renting commercial kitchen space to create and sell pressed juices. She expanded into her own brick and mortar space in under just one short year of operations!



Cameron flourished as the No Kid Hungry Youth Ambassador this year. She ended her summer internship with a Spoken Word presentation about her experience at No More Empty Pots using food and education as a catalyst for leadership and finding mentorship.



Dex is a farmer and teacher with a passion for meeting learners wherever they are on their journey. Dex shows up with his whole heart, inspiring others to do the same. This year, he became especially excited about partnering with the Omaha Black Doula Association for gardening and cooking programming for young parents.







A Note From Our Team



Dear Friends,

On behalf of our No More Empty Pots team and Board of Directors, thank you for your belief in our mission! With you, we are working to increase self-sufficiency, food security and economic resilience for neighbors.

In the spirit of our campaign theme, we invite your full participation with an open heart. Whatever your personal mission, we hope you will consider to put love in action through making a gift.

With Love,



Mancy Nancy Williams CEO/Founder



Anthony Anthony Cerasoli Board Treasurer

Thank you for putting Love in **Action this year!**



To donate online, visit www.nmepomaha.org/eoy/

To donate by check, please mail to:

No More Empty Pots 8511 N. 30th Street



EDUCATION STEWARDSHIP SUSTAINABILITY

