

MEDIA CONTACT:

Nancy Williams, President/CEO nwilliams@nmepomaha.org (402) 302-5349

No More Empty Pots Announces Relaunch of Community Harvest

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(Omaha, NE) No More Empty Pots is teaming up with local small farmers in Iowa and Nebraska to announce the relaunch of its Community Harvest food program. Anyone in Greater Omaha can now purchase a subscription to receive plant-based prepared meals made from scratch and "Community Supported Agriculture" (CSA) shares of seasonal fresh fruits, vegetables and food products like eggs, yogurt and milk sourced from local producers.

Individuals, families, groups or companies can <u>subscribe</u> to receive weekly recurring orders of either or both prepared meals at \$7/meal and CSA shares at \$25/box. Both options are available through pick-up or delivery and managed by the subscriber through an online subscription platform. Community members may also sponsor subscriptions for neighbors who may not be able to afford market price through the No More Empty Pots "pay it forward" initiative called MadLove.

"Delicious food brings people together," noted Shelby Cervantes-Sheard, Hospitality Manager at No More Empty Pots. "Community Harvest allows you to get to know the local families and farms who grow your food. Your subscription reinforces the strength of our food system while giving you the opportunity to try out new foods and learn the value of plant-based nutrition."

Beyond the point of transaction, Community Harvest aims to create a space that meets people where they are in their own local food journey. No More Empty Pots facilitates opportunities online and in-person where Community Harvest subscribers can build community, meet local farmers, share recipe ideas and photos, learn together about the benefits of plant-based lifestyles and share their unique experiences in health or food access.

<u>Subscribe now</u> for Community Harvest or <u>show #MadLove</u> to your neighbors by sponsoring a meal or CSA share. Contact Shelby Cervantes-Sheard for more information at <u>ask@nmepomaha.org</u> or call (402) 933-3588.

About No More Empty Pots

No More Empty Pots (NMEP) is a 501(c)(3) nonprofit organization whose mission is to connect individuals and groups to improve self-sufficiency, regional food security and economic resilience of urban and rural communities through advocacy and action. NMEP's vision is to support communities in becoming self-sufficient, and food secure through collaboration and adherence to our core values of education, stewardship, and sustainability. NMEP serves youth to seniors in educational, hands-on experiential learning. Learn more at nmepomaha.org.