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Morton Middle School students are embarking on transformative adventures in their weekly after-school program led by *No More Empty Pots* this school year! Guided by lessons in flavor, nutrition and gardening, students enthusiastically engage in activities like pounding yam powder to make fufu, creating art, practicing kitchen skills, and even assisting with the set-up and care of a hydroponic tower at the school. The program fosters a taste for exploration and a hunger for diverse experiences.

Students especially loved a recent culinary lesson in making homemade ramen, featuring rice-noodles, veggies, a variety of broth flavors and plant-based proteins. The class is requesting a repeat lesson in the new year to try out their delicious recipes again!

Keep Inspiring Through Food and Education

Introducing the Claire M. Hubbard Science Internship

You are invited to join the Claire M. Hubbard Science Internship program as your gateway to the fascinating realm of natural sciences! Spring, summer and fall internships are available at The Greenhouse (2720 N. 30th Street). This is a paid learning opportunity for high school students interested in STEM education and career pathways in Omaha.

No More Empty Pots will accept applications for the pre-year on a rolling basis. Applications for the spring internship are due **Friday, January 26, 2024**. The program is also recruiting mentors in STEM fields. Contact carley@nomoreemptypots.org with questions or partnership ideas.

More Information

Apply Now

Celebrating the Graduation of Cohort 22

The Culinary Certificate Program graduates of Cohort 22 (left to right) are **Carley Mayo**, **LaTasha Stacks**, **Ashley Kuzdzal**, **Kamae Mitchell**, **Antonia Montgomery**, **Jonelle Ray**, **Jonetta Harris**, and **LaQuanta Maxwell**. The eight-week program provides workforce readiness training and hands-on culinary instruction for individuals interested in launching or advancing employment in the food industry.

Cohort 23 is underway with 9 students enrolled. If you are interested in a future cohort in 2024, learn more or submit your application today!

Culinary Certificate Program

December marked an extraordinary milestone. From our entire team at *No More Empty Pots*, thank you for joining the celebration to officially open The Greenhouse facility in the Highlander neighborhood.

Your presence adds to the joy of this moment, and your support fuels our efforts. Browse our growing collection of memories from grand opening week! Tag us on Facebook @NoMoreEmptyPots or Instagram @NoMoreEmtPots if you have your own photos to share!

Watch the Video Recap

Help Make the Most of this Opportunity, Every Vote Counts!

No More Empty Pots is honored and excited to announce that we have been chosen to participate in a special charitable giving campaign, sponsored and funded by Target. And you have the chance to help direct a portion of Target's donation to our mission!

Now through March 31st, vote for *No More Empty Pots* through the Target Circle program to help determine how Target's donation will be divvied up.

Target Circle Program

How to Advocate for Food Bills in the 2024 Nebraska Legislature | January 30th

Join Nebraska Appleseed for a Webinar to to learn about the food access bills that have been introduced in the Nebraska Legislature for 2024. We'll share an overview of bills that could impact the Supplemental Nutrition Assistance Program (SNAP, formerly known as Food Stamps), Child Nutrition Programs (like school meals for kids), and everything else food access!

This training is for anyone who wants to learn more about food access and how to use their voice to make change! No previous knowledge or experience required.

Learn More or Register

Sustaining a Thriving Community

This year, our Legacy of Love Campaign, is fostering a legacy of love! With your support, we are co-creating a brighter, more self-sufficient future for all. Let us sow the seeds of change, invest in nurturing one another, and cultivate a Legacy of Love that uplifts and sustains a thriving community.

In the spirit of our campaign theme, we invite your full participation with an open heart and hope you will consider making a gift!

Make a Gift

End of Year Booklet

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