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Sisters **LaRice and LaTice Blackstone** dreamt of launching a catering company to sell their signature turkey legs. Their shared dream became reality when together they co-founded Legs and Things in 2021. Just two years later, the sisters are celebrating and reflecting on a successful summer of hosting their own outdoor booth series!

Legs and Things is one of over **25 businesses** in the last two years who rent commercial kitchen space at an affordable cost from *No More Empty Pots*. Creating opportunities for increased urban agriculture and rentable commercial kitchen space for food entrepreneurs has been at the forefront of *No More Empty Pots'* program offerings since our founding. The Food Hub's Shared-Use Commercial Kitchen began operations in 2017 and has supported a variety of food business types and emerging entrepreneurs since. Last year, the kitchen was booked for over **1,900 hours** by local entrepreneurs like LaRice an LaTice.

"Food has always been a big part of my family," LaRice said. **"My siblings and I would like to leave this business to our children as a legacy they can continue."**

LaRice and LaTice are grateful for the uptick in business this year and look forward to another year of growing operations ahead. Your generosity supports local businesses like Legs and Things in ensuring the support they need to create lasting legacies for years to come.

Support Entrepreneurship at *No More Empty Pots*

Shared Use Kitchen Rental

Reintroducing STEAM, Nutrition, Garden & Culinary After-School Programming

This fall, the Community Education team at *No More Empty Pots* is partnering with Abraham Lincoln Elementary, Florence Elementary, and Marrion Middle for after-school programming. Our first unit is all about garden and agriculture. Last week, the student groups made homemade collages of their "dream gardens" and began earning badges to their fill their learner passports. We're excited for a fun school year ahead!

Learn More about Community Education

Congratulations to Culinary Certificate Program graduates of Cohort 3!! Graduates from left to right are: **Citlali Campos**, **Shawn Thomas**, **Briana Ballew**, and **Ke'Vean Myles**.

About the Culinary Certificate Program

The Culinary Certificate Program provides skills-based and hands-on culinary workforce training for individuals who want to sharpen and grow their skills. Graduates are prepared to launch a culinary career, find job placement and earn a sustainable living wage!

For enrollment, please visit www.nomorepots.org/certificate-program. For more information, call 402-502-5442 or email certificate@nomorepots.org.

Watch the Graduation Video

Apply Now for CCP

Save the Date: New Building Grand Opening Event!

Come join us for the public Grand Opening of The Greenhouse, located at the Highlander Accelerator! We are excited to invite you to this milestone event for **No More Empty Pots** as we activate our second programming location in North Omaha.

Learn More and RSVP

The Greenhouse Vision

Check out the **2022 Annual Report** to celebrate a milestone year of impact! Thank you for your support, partnership and collaboration in 2022. Your generosity and belief in our mission created opportunities for employment, entrepreneurship, leadership and education that lift our community up!

A Year in Review

- **4,381 individuals** impacted through programming,
- **12,313 meals** distributed across Greater Omaha to over 39 zip codes,
- **4,444 CSA shares** of **local produce** distributed,
- **94% of food purchased by *No More Empty Pots*** was sourced locally.

Download the Report

Refer a Gift to *No More Empty Pots*

Monday, September 4 | *No More Empty Pots* Closed

In observance of **Labor Day**, the *No More Empty Pots* office and Food Hub will be closed on **Monday, September 4**. Regular business operations will resume the following day.

Stay Tuned for Future Postings

No More Empty Pots will be hiring several positions in the next few months including positions related to the micro-market, community education, I.T., food prep, and distribution.

Are you interested in filling one of these spots? Please watch our postings for updates and/or contact jobs@nomorepots.org to learn more.

Careers at *No More Empty Pots*

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